

Love My Life Fitness Inc.

2025 Guelph Line, Burlington Ontario. L7P4M8

WELCOME TO THE TRIBE!

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[\(905\)-220-3012](tel:(905)-220-3012)

We would like to personally thank you for letting us be part of this chapter in your life.

We're so excited to get you to your fitness goals, and maintain them through life...

This is an experience we want you to share with all yourFamily members, friends, and colleagues. Misty's knowledge, passion, and positive energy will not go unnoticed.

Misty is a life coach and delivers on so many levels. With sixteen certifications and a decade professionally in the fitness industry, There's no question you will find value here at LMLFIT

We are reliable, dedicated and enthusiastic about working for you!

Personal Note from MistyTemelkovski:

"I am confident in my ability to not only meet but exceed your expectations. As a highly qualified, certified, and insured Personal Trainers/ group fitness expert, I'm looking forward to creating a customized plan just for you. Together we are going to crush your goals and take fitness to the next level. Your goal is my goal and together we will LOVE life".

Owner | Director | Choreographer

Ms. Misty Temelkovski